



UK Government

BEDTIME CHECKLIST

Many fires start overnight. Take a moment to do some checks before you go to bed:

- Close inside doors at night to stop a fire from spreading.
- Turn off and unplug electrical appliances unless they are designed to be left on – like your freezer.
- Check your cooker is turned off.
- Don't run appliances such as washing machines, tumble dryers and dishwashers overnight.
- Turn heaters off and put up fireguards.
- Put candles and cigarettes out properly.
- Make sure exits are kept clear.
- Keep door and window keys where everyone can find them.

Smoke alarms save lives. Get more alarms in more places to make sure you're covered. Search Fire Kills.

