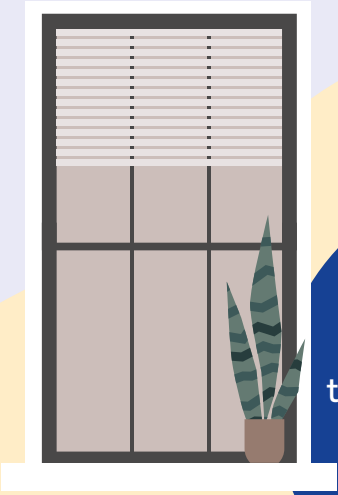
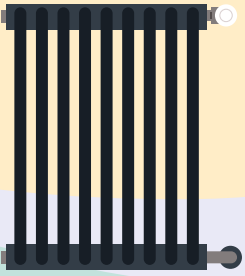


How you could save up to £385* per year on your energy bills



Adjust radiator valves in less-used rooms to 3°C cooler than your living room

Save **£135***



Reduce boiler flow temperature from 75°C to 55°C

Save **£55***



Reduce daily hot water temperature from 52°C to 42°C

Save **£126***



Reduce heating by five hours per week

Save **£16***



Close your curtains when it gets dark

Save **£10***



Install window film on all windows

Save **£43***



Keeping the temperature of your living room between 18°C and 21°C (between 16°C and 20°C for babies' rooms) is important for you and your family's health and wellbeing.



You may already be doing everything on this list but are still struggling with your bills. If so, there is support available for you. Visit [livewest.co.uk/energy-advice](https://www.livewest.co.uk/energy-advice) for more information.

*typical bill savings per household, calculated by Nesta and Cambridge Architectural Research (2022).