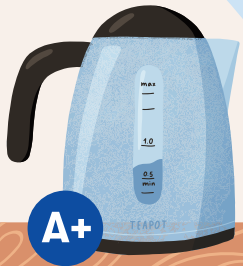


## Save energy at home



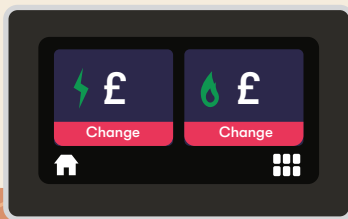
- 1** When buying new appliances, choose ones with a high energy efficiency rating.

Make sure your appliances are the right size for your home.

**2**



- 3** Understand your energy usage by getting a smart meter.



Insulate and draught-proof your home to reduce heat loss.

**4**

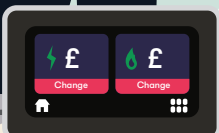


For more tips on saving energy at home, visit [livewest.co.uk/creating-greener-futures-together/energy](https://livewest.co.uk/creating-greener-futures-together/energy)

## Support with your bills

You may already be doing everything you can to save energy, but are still struggling with your energy bills. If so, there is support available for you.

Our dedicated Energy Advice page has links to external energy advice agencies in your area and guidance on accessing the financial support available to you.



For more information, visit [livewest.co.uk/energy-advice](https://livewest.co.uk/energy-advice)

