

Item	Typical annual saving
Switch off lights in unoccupied rooms	£19
Only boiling the water you need	£27
Turn thermostat down 1 degree	£108
Correct use of NSH controls	£75
Better understanding on Economy 7 tariff	£120
On-peak electric immersion reduced by 1 hour per day	£200
Power down gadgets/turn off appliances	£41
Drying clothes outside instead of tumble dry	£50
Using GCH instead of decorative gas fire	£40
Getting the most from the free electricity generated by solar PV	£100
Defrosting freezer (per freezer)	£207
Fully load washing machine	£14
Wash clothes at 30 degrees	£14
Fully load dishwasher	£14
Timer - 4 minute shower	£130

Energy monitor	£50
Switching from E7 to standard electricity tariff where NSH are replaced with GCH	£120
Buying oil as part of a group or using a comparison like BoilerJuice.com	£120

Measure	Typical annual saving
Replacing current appliances with high efficiency appliances - fridge/freezer/dishwasher	£54 (each)
Thicker curtains/closing curtains at dusk	£20
Draught proofing chimney sheep/balloon	£30
Draught proofing doors including letter boxes (brushes), key holes and/or curtains	£41
Hot water tank jacket	£50
LED light bulbs per bulb	£14
LED light bulbs whole house	£47
Reflective radiator panels	£27
Secondary glazing (celophane)	£75
Water efficient shower head for mains fed shower	£101